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Reflections

Working at UHGC I came to realized as citizens age, loneliness becomes a very real issue and concern. They may be in need of help from their loved ones to determine how they, in their golden years, can still make a difference in the world. There are many factors that lead to a senior citizen's feeling isolated: death of a spouse or intimate friends, chronic illness, and an inability to drive a car, to name just a few. The most common effect of perpetual loneliness is depression, and it can lead to dire consequences. So therefore, it was an honor lecturing Arlene and Virginia who were my two students about the function of a computer.

In my opinion teaching them about computers made me feel that is was a necessary step to help them lessen their chances of falling prey to the ravaging effects of loneliness. I provided one-on-one teaching and spend some time with each student to make sure they're not falling behind. In my computer course the basics were covered such as word processing, email and browsing the internet which are important to almost anyone. Virginia and Arlene didn't like to watch TV and were often bored. The Internet gave them music and information about their hobbies. I'm convinced that it contributed to a better quality of life for them. I also found out that my two students mostly desired to learn of how setup an e-mail account and know about its functions by having them to send a message or a photo to their love ones. I have made them think that in an e-mail "send" is the same thing as licking a stamp and dropping the letter in a mailbox, and "reply" is the same thing as answering the questions in a letter from her bank.

I have become very close with Arlene and Virginia; I end up teaching them as they were my own parents. Every Tuesdays I was very excited to go out and lecture them about computers, it made me feel so much better knowing that I’m helping the community and making a difference. Arlene and Virginia were always on time and optimistically waiting for me to teach them. At first they were afraid that it will be too difficult for them to learn about computers but later realized that it was easy. Over the course we have developed a very friendly relationship and we told each other funny stories. We even exchanged each other’s contact information to stay in touch. Overall I have become so close with them that In the future I will try to spend some time to visit Arlene and Virginia at UHGC to further assist them about computers.