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Reflection Paper

Over the past 7 weeks I didn’t know what to except out of this class. When I first got there I didn’t really know what to do the first time I went there. There a lot of senior citizens in the first class and it got a little frustrating because I wasn’t used to working with the elderly. I could just see that they just wanted to learn anything that they could in this 7 week class session. I got started with helping set up email accounts. After I did that I wrote down there passwords and emails.

As the weeks went on I saw my attitude change. The first week I was there I was frustrated because they know what to do. After time went on I got to know some of the senior citizens, and found out that they were so happy we were there to help them with the computers. I got less stressed out it after I realized that it would take longer for them to learn anybody else. I knew at that point that I would need to be patient and to explain everything.

As time went on, I saw myself not getting frustrated or getting stressed out but just to be patient with the senior. Every time I went into the computer room, the senior I usually taught always had a smile on her face and was so excited to learn new things about the computer. I really was inspired by her she was so energetic and always had something funny to tell me. After awhile we were good friends, and I believe that she really changed my attitude. I was happy to help anyone with a problem they might have had, did everything that I know to help them.

I didn’t just teach the elderly, the elderly taught me something to. In the beginning of the semester I really didn’t want to deal with senior citizens because I thought it would be useless to teach them the computers. Well I was wrong, maybe it took them longer to figure out how to do the task, but with guidance I showed them the right way to get there. Every time they learn something new weather it is trying to find a website to find books or look up news about their homeland, they were always had a smile on their face and a nice thank you for me.

My time at the retirement home has changed the way I look at everybody. I thought that the seniors wouldn’t really pay attention or not really care about the class, but some really did enjoy the class and learned new things. I am very happy that I took this class this semester, it has changed my way of thinking, and I will always try and help someone with a computer if they ask me. I will always keep what happened at the retirement home close to my heart, because I have learned a lot from them and they have learn a lot from me. This was a great class to be in, and I hope more people will take the time and help someone in need.